



Transportation Alternatives: NYC Bicycle Ambassador Program

Working Cyclist Safety Review

www.bikingrules.org www.transalt.org

Safety /Law Awareness/Best performance on the job.

Mandatory NYC Working Cyclist Equipment

Helmet Bell Working Brakes Work ID
Reflectors Front Light (white) Rear Light (red)

Basic Rules of the Road

1. Always yield to pedestrians.
2. Ride with the flow of traffic.
3. Never ride on the sidewalk.
4. Stop at Red Lights.

• How to avoid crashes

- Being doored: Anticipate the situation, look in the rear window.
- Cars turning into you/changing lanes without signaling. Be vocal, wave and smile!
- Unsafe road conditions. Be aware of the road, pay attention always.

• What to do when crashes happen

- Do not leave the scene of a crash (notify your manager).
- Request a police report.
- Go to the hospital if you are injured.

• Tickets, summons and violation: What can I do when I get a ticket?

- Right to challenge a ticket in court.
- The more evidence you have, the better.
- Take pictures; scrutinize the ticket summary for inconsistency.
- Tickets do get dismissed!

Know your Delivery Zone: What are the best routes I can take? Printout of Delivery Zone.

Questions? Comments?

I have read and understand all the information included in this Safety Review.

Name: _____

Date: _____

Signature: _____

Manager Initials: _____